

Sarah Lewin
Board secretary

*My day job is as a local government employee - based in Winchester for over 35 years!
Throughout that time, and in fact for as long as I can remember, music has played a massive part in my life. I'm so pleased therefore to be involved in supporting Key Changes.
I've been a trustee for 4 years, but have known about, and been hugely impressed by, the charity's work for many years.
Recently, I've particularly enjoyed attending some of the conferences, learning more about the power of music therapy, and also getting to know some of the therapists.*